



# Get Ready to Read

## with Medina County District Library

### Family Fitness Fun

Give your child plenty of opportunities to move their body. Classes like tumbling and dance can be fun, but they can also be expensive. Another option is to make use of spaces like a backyard, park, or basement and try out some of these fun activities together.

- **Stretch** through basic poses - touch toes, reach to the sky, bend sideways, and twist.
- **Take a walk.** Add variety by hopping, skipping, marching, or jogging.
- **Play games** like Freeze Tag, Follow the Leader, Simon Says, and Duck, Duck, Goose.
- **Create an obstacle course** with opportunities to crawl under, over, around, and through.
- **Use a rope or a plank** on the ground to practice balancing.
- **Use two ropes** to create a pretend river for jumping over.
- **Play catch** with different sized balls. Add variety by rolling, kicking, and bouncing balls to each other. Practice throwing the ball inside a target such as a chalk circle or hula hoop.

### International Fest



Brunswick - Sat., Apr. 15, 10:00 am - 2:00 pm  
Enjoy crafts, face painting, games, and more.  
Visit [mcdl.info/International](http://mcdl.info/International) for details.

### Medina County Earth Day Festival

Sat., Apr. 22, 10:00 am - 4:00 pm  
Buffalo Creek Retreat, 8708 Hubbard Valley Rd., Seville  
Visit the Bookmobile and enjoy Earth Day related activities, exhibits, and more!

### Song

#### Head, Shoulders, Knees, and Toes

*(Point to each body part while singing along)*

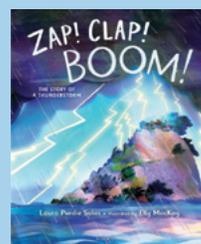
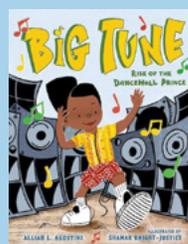
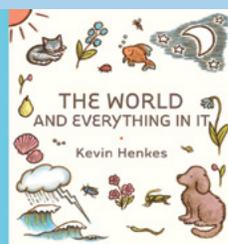
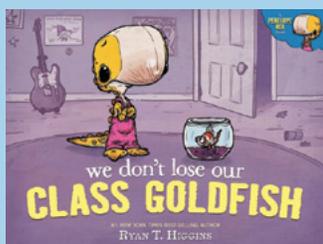
Head, shoulders, knees, and toes  
Knees and toes  
Head, shoulders, knees, and toes  
Knees and toes  
And eyes and ears and mouth and a nose  
Head, shoulders, knees, and toes.

*Repeat song fast, then slow.*

### Books to Read

*We Don't Lose Our Class Goldfish* by Ryan Higgins  
*The World and Everything in It* by Kevin Henkes  
*Roto and Roy to the Rescue!* by Sherri Duskey Rinker

*Big Tune: Rise of the Dancehall Prince* by Alliah L. Agostini  
*Zap! Clap! Boom!: The Story of a Thunderstorm*  
by Laura Purdie Salas  
*Fish and Crab* by Marianna Coppo





# April 2023



## Fun activities to promote literacy and learning

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> April Fool's Day! Tell a joke.
<b>2</b> Sing <i>Head, Shoulders, Knees, and Toes</i> (words on other side).	<b>3</b> How many colors are you wearing today? Name them all.	<b>4</b> Make a list of words that rhyme with bunny.	<b>5</b> A is for April. Find things in your house that begin with the letter A.	<b>6</b> Draw oval shapes. Cut them out and color them.	<b>7</b> Help in the kitchen by measuring ingredients.	<b>8</b> Sing <i>Take Me Out to the Ball Game</i> .
<b>9</b> Pretend to be different animals. Can you act like a dog? Snake? Bird?	<b>10</b> Make puppets out of paper lunch bags. Put on a puppet show.	<b>11</b> Place an egg in a tall glass of water. Does it float or sink?	<b>12</b> Poetry Month! Check out a poetry book at the library. Read it together.	<b>13</b> Recite your favorite nursery rhymes.	<b>14</b> Make a list of your favorite foods. Ask if you could have one for dinner.	<b>15</b> International Fest at Brunswick Library (Details on other side.)
<b>16</b> Play Echo Me with a friend. Clap, stomp, beat a drum. Can they do the pattern?	<b>17</b> Draw a picture of what you see from a window in your house.	<b>18</b> Run in the grass. If it's rainy, splash in the puddles.	<b>19</b> Count to five as you: hop like a bunny, take big steps, and take small steps.	<b>20</b> Talk about feeling words: happy, sad, mad, scared, lonely, and embarrassed.	<b>21</b> Draw flowers with colored chalk on black paper.	<b>22</b> Earth Day Festival at Buffalo Creek Retreat (Details on other side.)
<b>23</b> What kind of fruit do you have in your home?	<b>24</b> Roll a ball. Try it with your left hand and your right.	<b>25</b> Make up a silly song about your shoes.	<b>26</b> Read a bedtime story with your favorite stuffed animal.	<b>27</b> Say "I love you" to a family member and give them a hug.	<b>28</b> Talk about big and little things. Find items that are different sizes.	<b>29</b> Read an eBook on hoopla. Get started at <a href="http://mcdl.info/eMedia">mcdl.info/eMedia</a> .
<b>30</b> Blow bubbles outside.						

Find additional MCDL events at [mcdl.info/Events](http://mcdl.info/Events)

For the current Bookmobile schedule, visit [mcdl.info/Bookmobile](http://mcdl.info/Bookmobile)